

Wellbeing – Welltreated – Wellserved

Wellness Experience



Ocean Spa

HOLISTIC WELLNESS PROGRAMS

Our wellness program is customized to suit your personal wellness needs and goals resulting in improved health and vitality – physically, mentally and emotionally.

Offer to yourself a relaxing and rejuvenating experience!



BODY MASSAGE

Massage

SCALP 20€

Scalp massage increases the production of serotonin, a chemical in the body that enhances happiness and well-being. A perfect choice alone or as an additional therapy to other massages.



Massage 30'

FEET AND LEGS 40€

Foot massage is a simple and effective method to relax your body and mind. It is based on the tenets of foot reflexology and involves applying pressure on key points in the foot to get benefits. This massage also works on the whole leg with emphasis in calves.



Massage 30'

BACK AND NECK 40€

A pressure massage that focuses on the build-up of stress and muscle tension in all areas; around the neck, shoulders and across the back. This massage encourages relaxation, relieves stress, improves circulation and relaxes muscles.



Massage 50'

ANTI-STRESS 65€
AROMATHERAPY

An ideal choice for first timers or as the first massage in vacation to take out all stress. It is the combination of a variety of massage techniques. Applied pressure is soft to medium. Awaken your senses with a customized aroma massage. A collection of essential oils for a calming, energizing, and relaxing experience.



Massage 50'

DEEP TISSUE –SPORTS 75€

A massage targeted for the under layers of muscle to release chronic patterns of muscle tension and loss of flexibility and motion. Customized to your pressure preference, using slow forearm, hands and elbow massage.



Massage 60'
FOR COUPLES 130€

Enhance your spa experience by sharing it with someone special. Couples, best friends, mothers and daughters, fathers and sons can enjoy side-by-side massage in a treatment room for two.



And more...

There are more massages and treatments available, either on the spot or on pre-booked basis. Please contact our Wellness Center staff for more information.

